

Courses on Mondays

Body & Mind	17.30-18.30	Introduction in Mindfulness	Wouter Tamminga	10 wks
Dance	17.00-18.30	Body Lab	Gaja Karuso	14 wks
	18.30-19.30	Modern dance-beginners	Idem	14 wks
	19.30-20.45	Modern dance-intermediate	Idem	30 wks
	20.45-22.15	Modern dance-advanced	Idem	30 wks
Drama	19.30-21.30	Michael Chekhov Technique	Sami Johnson	10 wks
Film Photography Media	18.00-20.00	Film making	Roeland Dijksterhuis	10 wks
Fine Arts & Fashion	15.00-17.00	Basic course in oil painting, classical techniques	Marcel Duran	10 wks
	17.45-19.45	Tekenen en Schilderen-beginners (NL)	Ellis Veldstra	10 wks
	20.00-22.00	Model and Portrait Drawing and Painting	Marcel Duran	10 wks
Music	09.30-12.00	Individual Guitar Lessons (lessons of 30 minutes)	Michiel Megens	10 wks
	10.00-13.00	Drum Lessons (lessons of 45 minutes)	Marco Diaz Perez	10 wks